



**NEIGHBORHOOD
ASSOCIATION**

Newsletter

REPRESENTING CLIFTON HEIGHTS • UNIVERSITY HEIGHTS • FAIRVIEW

February, 2012

Next monthly meeting:

February 21, 2012,
7:30 p.m., Deaconess Hospital
Cafeteria, Lower Level, Straight Street

Personal Editorial

We have had some lively discussions lately at Community Council meetings about public service cutbacks. Although we know this phenomenon is widespread throughout the world's industrial nations, we probably feel it most personally right here in the CUF neighborhood.

In addition to being a consequence of poor fiscal management and economic excess, it also can be traced to the increasing diversity of societies everywhere. Diversity brings with it new interests, values, and modes of expression, all competing for legitimacy and recognition.

As just one example, compare the range of television programming today with that available fifty years ago ... three channels (maybe four, if you had a tall antenna and could pull in Dayton) versus ... uh, how many now on cable or via satellite? So, unless it's something highly touted like the Superbowl, you won't hear everybody at work the next day scandalized by what Ozzie said to Harriet last night! But there is everything from erudite PBS specials to female mud wrestling (where the phrase costume failure came from), twenty-four and seven.

Locally, the need to service wide-ranging public needs means that resources get spread very thinly. We see it in longer waits in everything from calls to departments at City Hall to slow emergency responses. Or, if someone at the other end has to choose among simultaneous requests, no response at all.

It wasn't always like this. And in case the incremental gradualness has escaped your notice, ask older residents about the level of customary public services fifty years ago. Perhaps they'll remember street sweepings every week, garbage pickup twice weekly (with city-provided trashcan setout to the curb), and two mail deliveries a day. The cutbacks began when government took on other pressing needs, and long

before fiscal crises became popular subjects of daily conversation.

If we value those civic services, we cannot take them for granted. We must make our preferences known to elected representatives. And the best way to begin that process is to become more positively involved in our CUF Community Council. (Next meeting: Tuesday, February 21, 7:30 p.m.) And bring a friend or neighbor, too.

In the meantime, we can all contribute by demonstrating our personal involvement in every aspect of community support, from remodeling to recycling to learning the arcane art of parallel parking to picking up stray wrappers in the yard.

Blight is contagious, but hopefully so is demonstrated civic pride.

John Ligon

Minutes of the CUF Neighborhood Association Monthly Meeting 1/17/12

Happy New Year!

- Introduction and Opening Remarks
John discussed our new Meeting protocol. Speak your mind, but keep the order and wait to be called on. Please also introduce yourself the first time you talk so that others may know who you are.

- Police Report: Officers Lisa Johnson (CPD) and Officer Frey (UCPD)

Officer Frey said Gene Ferarra retired. New chief for UC is Captain Cureton. Working on joint car with City police. Working on also tax education and personal information scams.

Officer Lisa Johnson:

1. Graffiti has been a hot topic. 7 arrests. GTU, NOPE, JINXER, FEZ, Misery, Seth. Take pictures and send them to Lisa Johnson and KCB. She will let us know when their hearings are so we may go.
2. Prostitutes are still an issue.
3. Legislation going with Denise Dreihaus about copper stealing.
4. Email Lisa at Lisa.Johnson@cincinnati-oh.gov
5. New Captain: Captain Neudigate. Jan 22nd. Dave Bailey is going to the Chief's office

downtown.

- Guests:

Ben Frech

Office of City Councilman P.G. Sittenfeld

Outreach plan for PG Sittenfeld's office. Updates.

a. Budget passed in December. No lay-offs. Convergys money went to fill budget gaps. Fairview Pool is kept open. Next budget will be a two year budget.

b. Scrap metal ordinance is going to public safety committee. It tightens how scrap metal vendors buy copper and metal (stricter records with names, pictures, local addresses). Can no longer pay in cash; so will be sent to a home address. And there might be a permit needed now. Law Dept is looking into this. Same thing is going through the State House of Representatives.

c. Domestic Partnership Benefits for City. Councilman Chris Seelbach.

d. Public Service Audit coming. Police Audit is also coming in the next few months.

e. PG Sittenfeld is having a coffee house talk

Jan 28th at Click N Sip on McMillan at 10 am

f. Smart Routes: Trash Routes are changing. Christian Huelsman coming in February to talk about this.

g. Streetcar Route: Vine to Banks, but nothing up into our neighborhood for awhile. Duke will have to increase some rates for the streetcar grid. There will be a council meeting and public hearing on Friday Jan 27th to talk about financing of the streetcar.

h. Contact Ben Frech at ben.frech@cincinnati-oh.gov and

- Membership Report

Are you paid up?

- Treasurer's Report (see 12/11 newsletter)

- CHCURC Update

Cherie Wallpe gave the update. January 25th is ground breaking at 10:30 am on Calhoun Street. Called U Square at the Loop. Relocating sewer and water lines along the street.

Working with Param Management for the repairs and recovery of St George.

THP Meeting to do the St George roof repair issues.

Dan Deering is the new president of CHCURC after John Schuler had to retire when he was moved out of the bank on McMillan.

Annual Audit of CHCURC happening.

- Citizens on Patrol Update

No updates

2234 Victor St is having some problems. High school party house. Maybe we should call Cincinnati State to make sure. We will look into making a bridge with the Cincinnati State kids.

- Clifton Heights Business Association Update

No meeting in December. Meeting this Thursday.

- West McMicken Neighborhood Group Update

VOA update

I-75 and McMicken and Western Hills Viaduct

– public meeting (see below). Tony Walsh gave the first update on the WHV and public plans.

They have not discussed formal replacement vs renovation. 2 year construction planned and not until starting 2017. WHV and I-75 are not funded and there is talk of stalling the plans because of no money.

Tony emphasized that if you have any pictures of graffiti, please keep them and send them Lisa Johnson.

- Block Captain Announcements and Clean Ups Weekly Sunday afternoon clean ups at 4 pm.

Meet in front of 313 Emming. Trash, weeds, you name it. Turn cleaning the neighborhood into a social event.

- Old Business:

1. NSP revision: Money from the City. Supposed to 5000 dollars this year so we need to revise the amounts and the plans for this. We will have to do this at the February meeting.

2. Tower Fund elections in February. Linda Ziegler has the updated. John explained the Tower Fund to the Community and how it is different than just CUF. Maureen went through the list and to encouraged people to bring new members.

3. Non profit status still not back yet.

- New Business:

- Fairview Pool status. Slated to open this summer. How to promote usage of the pool. Rob will invite the CRC rep to come to the meeting.

- Mayor's Community Recycling Challenge (see attached) Handout at the table. Community Councils are invited to register and promote the use of recycling in the neighborhood. Looking to find increased enrollment in the RecycleBank. Take a list of the abused carts and send to the City.

We are registered. John Stork is asking for a volunteer to step up and head increasing recycling for the group.

- Community members asked neighbors to bring a list of abused recycling carts and problem houses to meetings so that we can keep track of them and be proactive.

- Announcements/Events:

U Square at the Loop Ground Breaking

25 January 2012, 10:30 AM

285 Calhoun St.

RSVP Janet Chiarella

JanetC@TowneProperties.com

- Western Hills Viaduct Public Meeting

Thursday, January 19, 2011

Orion Academy

1798 Queen City Ave

Cincinnati, OH 45214

513-251-6000

Open House 6:00-6:30 PM

Interactive Session 6:30-8:00 PM

CUF Treasurer's report

Balance: January 1, 2012 \$8,328.95

Income:

Membership dues \$58.00

Total Income: \$58.00

Expenses:

GCWW water bill \$17.71

FedEx CUF cards \$41.48

Total Expenses: \$59.19

Balance: February 1, 2012 \$8,327.76

Mayor's recycling challenge

Neighbors – a reminder that CUF is participating in the Mayors Recycling Challenge. Not recycling? Please do! See neighbors who aren't? Encourage them! See unused or abused recycle bins? Report them! Are you earning points on Recycle Bank? Sign up! CUF can earn cash for neighborhood projects for increased participation in these areas.

You can request a bin or report unused/abused bins at the city's Customer Service Request System at www.5916000.com or by calling 591-6000. By recycling you can also earn reward discounts and deals for yourself – register at www.recyclebank.com.

Trash collection changes

The City of Cincinnati will implement new trash collection routes effective March 5. Approximately 50,000 homes will experience a change in trash collection day and/or recycling collection week. Public Services will mail a postcard to all affected residents with detailed information about their day and/or week change. In addition, Director Andrew Glenn will visit all affected community councils prior to March 5 to briefly discuss the changes and address any concerns or questions. The City anticipates the alterations will improve customer service, evenly distribute workloads and save nearly \$1 million per year.

Andrew Glenn, Director of Public Services will be presenting changes coming to the city's curbside recycling program and trash program at our February general meeting on 2-21-12. There will be a 10-15 minute presentation followed by Q & A.

Cincinnati Preservation Association Winter 2012 programs

| Learn | Enjoy | Explore |

We hope to see you at our upcoming events!

February 18, 9 am - noon

“Old House Green House II: Beyond LEED”
Old-house New Year's resolution: Efficiency!
Learn from local experts how to keep your house warm and comfortable while preserving its character.

John Hauck House, 812 Dayton Street, West End

Admission \$5 CPA members, \$10 guests
Reservations required: Call 513-721-4506 or email info@cincinnati-preservation.org

March 2-3

NKY Restoration Weekend in Bellevue, KY
Northern Kentucky's first-ever old house fair!
Friday, March 2, 6-9 pm: In conjunction with monthly Shop Bellevue event: Meet renovation contractors in Fairfield Avenue businesses.
Saturday, March 3, 9 am – 1 pm: Educational sessions on over a dozen restoration-related topics.

FREE admission: includes lunch

Holy Trinity School, 235 Division Street, Bellevue
Contact CPA for details

NKY Restoration Weekend is cosponsored by Tri-State Wholesale Building Supplies, American Chimney & Masonry, the Cities of Bellevue, Covington and Newport, Greater Cincinnati Energy Alliance, Home School, Tiburon Energy, and CPA.

Preservation field services provided by Cincinnati Preservation Association are assisted by a Partners in the Field challenge grant from the National Trust for Historic Preservation

Margo Warminski, Preservation Director
Cincinnati Preservation Association
Field Representative, National Trust for Historic Preservation
342 West Fourth Street
Cincinnati, OH 45202
Phone 513-721-4506
Fax 513-721-6832
www.cincinnati-preservation.org
margo@cincinnati-preservation.org



Fairview Pool:

2219 Ravine Street
Cincinnati, Ohio 45219
513-421-4576
aquatics@cincinnati-oh.gov



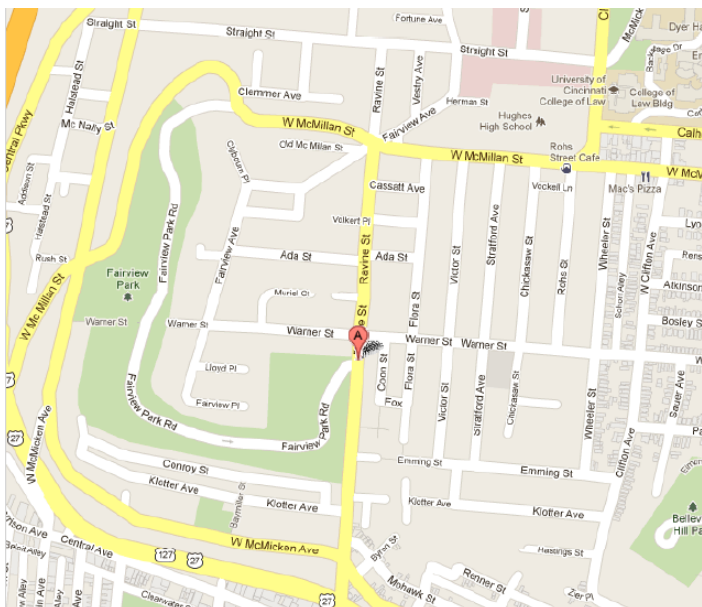
Shallow water pool. Offers swim lesson program. Located in Fairview Park.
Daily User Fee at all pools (except Dunham Otto Armleder) All Ages \$2.00 or you can buy the all pool season pass now!

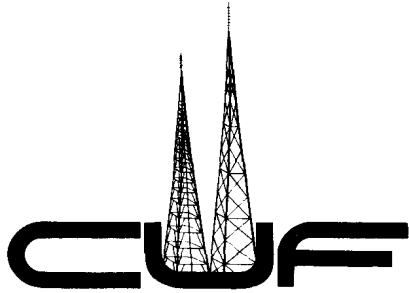
ALL CRC POOLS MEMBERSHIP NOW AVAILABLE ON-LINE

The Cincinnati Recreation Commission now offers memberships to city pools on-line. The public may purchase 2012 All CRC Pools Memberships and 2012 Dunham Otto Armleder Pool Memberships on-line until pools open this summer. As of Monday, June 4, 2012 All CRC Pools Memberships will be available for purchase at CRC pools. The public will no longer be able to purchase Pool Memberships at Recreation Centers. CRC is offering an Early Bird Discount on 2012 All CRC Pools Memberships until March 1st.

Go online today and buy your all pool pass for 2012.
<http://cincyrec.org/crc/2012PoolMembs.htm>

Enter by foot at the letter A or enter Fairview Park Drive off West McMillan!
Use it or lose it, folks!
Most CRC Pools will have extended their schedules and will remain open until Saturday August 13, 2011.





Notice to members of the CUF Community Fund

The annual meeting of the CUF Community Fund will be held on Tuesday, February 28, 2011.

The agenda for the meeting is to review and approve the minutes of the Funds February 2010 annual meeting, vote to elect three members to the Board of Trustees, review the 2011 financial report of the Fund and discuss issues pertaining to the Fund.

Copies of the minutes and the Funds 2011 financial report will be distributed to all members attending the meeting.

At the time of this printing, the slate of candidates running for the three positions on the Board of Trustees are: Linda Bailey, Maureen France, Paul Gallagher, Cindy Lewis and Linda Ziegler.

CUF Community Fund Membership Requirements

To be a Member of the CUF Community Fund, one must be a paid member of the Clifton Heights, University Heights and Fairview Neighborhood Association (CUF) for twenty-four months prior to the annual meeting of the Members and must be a permanent resident residing within Clifton Heights, University Heights or Fairview as designated in the by-laws of the CUF Neighborhood Association, Inc., or its successor organization. A permanent resident is defined as one residing year round within the CUF community for at least four consecutive years (48 months) immediately preceding the consideration of Member status. The burden

of satisfying the requirement of permanent residency is upon the individual seeking to be a Member.

Personal invitations will be mailed to individuals that satisfy the first requirement for membership. (Paid member of (CUF) for twenty-four months prior to the annual meeting). Invitations will designate which individuals will need to provide proof of permanent residency. The members of the Board of the CUF Community Fund wish to extend to all members of the CUF community a happy, healthy, safe and prosperous New Year.

Sincerely,

Dennis O'Brien	President
Linda Bailey	Treasurer
Linda Ziegler	Secretary
Maureen France	Vice President
Craig Lloyd	Vice President

Improving grocery access

The Avondale Community Council has partnered with the Center for Closing the Health Gap, WeTHRIVE, and the Baptist Minister's Council in their efforts to secure grocery stores in the city's "food deserts." They ask your support as they address the Rules & Government Operations Committee of City Council in a special meeting at 6 pm Feb. 16, at South Avondale School, 636 Prospect Place.



Summer swimming

Why do we need to teach our children about swimming? What is water familiarity and why is it important?

Start with understanding the obstacles for enjoying swimming. People might be afraid of looking silly in the water the first time they enter or that they will not have any natural swimming aptitude. We do not live near a body of water that we rely on for our livelihoods so we have become less familiar with aquatics. People might worry about drowning or panicking in the water and losing control. These things might keep people from a potential life-saving skill.

Having community pools allow our children and neighbors to become acclimated to swimming in a safe environment. Shallow pools are a great first step in becoming familiar with the water. Not only does it allow fun and family time together, but people might use the swimming pool as a jumping off point for future exercise and even relaxation/meditation. Many colleges now mandate swimming aptitude tests during the college years to help our citizenry know how to tread water and do basic life-saving swimming.

For those who struggle with low back problems and for those who are pregnant and need an exercise that allows for a degree of weightlessness, swimming is an excellent vehicle to still have activity.

For parents and grandparents, it is another way you can invest in your children. I stress fun, but also teaching our children how to use a pool responsibly gives them another lifelong skill. Water familiarity can be life-saving! While we may try to avoid water at all costs, anyone who has lived through flooding or who has been out in nature knows that sometimes crossing bodies of water is inevitable.

Please support our neighborhood pools and use the Fairview Pool this summer. We are dangerously close to losing this resource. Please do not deny your fellow citizens the ability to gain water familiarity and another site for recreation in those hot summer months!

What is Hypertension?

Hypertension, or high blood pressure, is a common disease affecting 1 in 3 adults in the U.S. It means an increase in the pressure and force of blood pumping against the blood vessels.

It is important because, even though you might not have any symptoms, it can lead to problems with your heart, blood vessels, kidneys, eyes, and brain.

Risks for high blood pressure are age, lifestyle (smoking, high salt diets, lack of physical activity), obesity, ethnicity, and gender. Age is one of the most common risk factors and the chance of developing hypertension rises with age. And unfortunately for us guys, we are more likely to develop high blood pressure.

Know your blood pressure numbers. You might hear people say "My blood pressure usually runs 130 over 80). The top number is the systolic number (the pressure when the heart is pumping), and the bottom number (the pressure when the heart is resting in between beats). Normal numbers for most people should run less than 140 on the top number and less than 90 for the bottom number.

Think of your body as a wonderful automobile or car. You would take it in for regular maintenance to make sure the tires, brakes, and engine are all in good working order, wouldn't you? Think of your body the same way. Visit your primary care doctor and have regular surveillance for this potential healthcare threat and for possible treatment.

A great resource on this subject can be found at the National Heart Lung and Blood Institute: <http://www.nhlbi.nih.gov/health/health-topics/topics/hbp/>



**CLIFTON HEIGHTS
UNIVERSITY HEIGHTS
FAIRVIEW
NEIGHBORHOOD ASSOCIATION**

2364 West McMicken Avenue, Cincinnati, Ohio 45214

CUF membership



Any person subscribing to the purpose of the CUF Neighborhood Association, Inc. and paying dues set by the Association may become a member. Election of Trustees is held at the annual meeting in July. Eligible voters are residents of the community who are at least 18 years of age and who are fully paid members of the Association and who have attended three general meetings after payment of dues during the year prior to the annual meeting. Non-resident members have voice but no vote in Association meetings and may not hold elective office. Annual CUF dues are \$6.00.

- CUF general meetings: 3rd Tuesday of each month, except August and December, 7:30 p.m., Deaconess Hospital Cafeteria, 311 Straight Street
- CUF Trustee meetings: 1st Tuesday of each month, 7:00 p.m, Deaconess Hospital Cafeteria, 311 Straight Street
- CUF annual meeting and election: 3rd Tuesday in July, 7:30 pm, Deaconess Hospital Cafeteria, 311 Straight Street

CUF Neighborhood Association
2364 West McMicken Avenue
Cincinnati, Ohio 45214

Name: _____

Address: _____

Phone: () _____

Email: _____

Membership Type:

Voting Membership: CUF resident _____

Non-voting Membership: _____

CUF organization: _____

CUF business owner: _____

Non-resident: _____

Non-resident property owner: _____

Membership fee: \$6.00 per year.
Make checks payable to CUFNA.

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