



**NEIGHBORHOOD
ASSOCIATION**

Newsletter

REPRESENTING CLIFTON HEIGHTS • UNIVERSITY HEIGHTS • FAIRVIEW

January, 2012

Next monthly meeting:

January 17, 2012,
7:30 p.m., Deaconess Hospital
Cafeteria, Lower Level, Straight Street

Happy new year, CUF neighbors!

We look forward to 2012 with enthusiasm and hope, as the new year presents opportunities for each of us to continue to make a difference in our community. When neighbors are engaged, a community thrives.

So as you ponder your new year's resolutions, please consider the following ways in which you can support your CUF community this year:

Shop Local: Take a walk through the Clifton Heights business district and see what unique and interesting places await your discovery. Patronize your favorite places ... and try out some new spots this year, too. A vibrant business district is a win-win for everyone.

Become a Picker Upper: A clean neighborhood is everyone's responsibility. Yes, you may have not tossed the used cup on the sidewalk ... but, you understand what that one tossed cup represents and can lead to -- even more tossed trash. Please help keep our community clean by picking up bits of trash whenever you can. Maybe take 30 minutes every Saturday, for example, to do a little clean up. Take a neighbor or friend with you to make it more fun. Or, on your walk home from the store or bus stop, pick up a little trash on your way. Be the change you want to see.

Help Your Neighbor: Continue to put in action the word "neighborly." Check in on your elderly neighbors this winter to make sure they are safe and see if they are in need of anything. Maybe do some snow shoveling this winter for your neighbor who could use the extra help. Do you have new student neighbors? Let them know what day garbage is collected and which week is a recycling

week (don't assume they already know that information). Alert your new student neighbors to the "no parking" areas on your street, so they don't find a ticket on their windshield. Good neighbors are thoughtful, kind and helpful.

Join CUF Today: Demonstrate concern in your community by becoming a CUF member. Attend a meeting, learn what's happening in the hood (there's lots!), and let your voice be heard on important community matters. (See the last page of this newsletter for membership information.) Mark your calendar for the following 2012 CUF General Meeting Dates - January 17, February 21, March 20, April 17, May 15, June 19, July 17, September 18, October 16 and November 20.

We look forward to welcoming you at a meeting this year ... and to working together to keep our community a great place to live.

Your CUF Board of Trustees

Usquare construction to begin

from Matt Bourgeois at CHCURC...

As has been reported before, construction on Usquare is scheduled to begin very shortly. The week of January 16th, Ford Development is to begin their site utilities work around Calhoun, Hartshorn, West Clifton and McMillan. This will result in the disruption of traffic as their scope of work includes new water and sewer lines which requires that traffic lanes be closed at various times.

These efforts are being coordinated with the City of Cincinnati Department of Transportation & Engineering to ensure that everything is coordinated in such a way as to minimize the impact on traffic to the extent possible. We understand that this will cause unpleasant disruptions at times and will continue to keep you apprised of any important information as construction continues.

Western Hills Viaduct public meeting

Note from Joe Gorman:

The City of Cincinnati is considering to either replace or renovate the Western Hills Viaduct, located on the southern side of Camp Washington. This is a vital and costly project and public input is needed.

Dates and times set for the Western Hills Viaduct public meetings:

1. Tuesday, January 17th – Camp Washington Rec Center, 3-5 and 6-8
2. Thursday, January 19th – Orion Academy, 6-8
The meeting will be held in the main event room at CWRC and in the gymnasium at Orion.

Addresses for both below:

Camp Washington Rec Center
1201 Stock Ave.
Cincinnati, Ohio 45225

Orion Academy
1798 Queen City Avenue
Cincinnati, OH 45214

More info:
Adam Dykes
Project Engineer
Cincinnati Transportation Group
URS Corporation
Architects, Engineers, Planners
36 East 7th Street, Suite 2300
Cincinnati, OH 45202
Direct: 513-419-3486
Adam.Dykes@urs.com

CUF Treasurer's report

Balance: December 1, 2011 \$8,364.92

Income:
Total Income: \$ 0.00

Expenses:
Straight St. Hill climb hospitality \$35.97
Total Expenses: - \$35.97

Balance: January 1, 2012 \$8,328.95

Cincinnati Preservation Association Winter 2012 programs

| Learn | Enjoy | Explore |
We hope to see you at our upcoming events!

January 28, 10 am - noon
"Riverside: Cincinnati's oldest and most historic neighborhood"
Presented by Dave Zelman, AIA
See Riverside, Cincinnati's oldest neighborhood, as you've never seen it before! Two hundred years of history in this picturesque and fascinating West Side community.

February 18, 9 am - noon
"Old House Green House II: Beyond LEED"
Old-house New Year's resolution: Efficiency!
Learn from local experts how to keep your house warm and comfortable while preserving its character.
John Hauck House, 812 Dayton Street, West End
Admission \$5 CPA members, \$10 guests
Reservations required: Call 513-721-4506 or email info@cincinnatiapreservation.org

March 2-3
NKY Restoration Weekend in Bellevue, KY
Northern Kentucky's first-ever old house fair!
Friday, March 2, 6-9 pm: In conjunction with monthly Shop Bellevue event: Meet renovation contractors in Fairfield Avenue businesses.
Saturday, March 3, 9 am – 1 pm: Educational sessions on over a dozen restoration-related topics.

FREE admission: includes lunch
Holy Trinity School, 235 Division Street, Bellevue
Contact CPA for details
NKY Restoration Weekend is cosponsored by Tri-State Wholesale Building Supplies, American Chimney & Masonry, the Cities of Bellevue, Covington and Newport, Greater Cincinnati Energy Alliance, Home School, Tiburon Energy, and CPA.
Preservation field services provided by

Cincinnati Preservation Association are assisted by a Partners in the Field challenge grant from the National Trust for Historic Preservation

Margo Warminski, Preservation Director
Cincinnati Preservation Association
Field Representative, National Trust for Historic Preservation
342 West Fourth Street
Cincinnati, OH 45202
Phone 513-721-4506
Fax 513-721-6832
www.cincinnati-preservation.org
margo@cincinnati-preservation.org

Why do we care about pools in CUF?

2012 needs to be the year of the pool. Specifically, Fairview Pool.

Why is swimming and why is the pool so important?

Swimming is social. Think about the times with your friends growing up near water. Swim time is recreation time. Time to talk, time to play, time to be a child. It is dedicated time for yourself and for the people you love.

Swimming helps cool you off in the hot of summer. Water helps cool the skin when it is too hot, using evaporation to help cool the body.

It can also allow for meditation and just pure relaxation, another great form of "cooling off" after the stresses of life and work.

Swimming is excellent exercise. It helps with muscle toning and cardiovascular strength. Because it is not weight-bearing, it can be the only form of exercise some people with certain diseases, like rheumatoid arthritis, can perform without being in pain.

If children learn how to swim, they might even consider swimming as a sport. They can learn life skills such as time-management, goal directed behavior and self-discipline, sportsmanship, and improved sense of worth. They just need to be introduced to the water and made to feel comfortable around it.

I hope everyone will spend time in the next few months spreading the word about the Fairview Pool. We must show the City that we are using it. Volume is key, apparently.

Tell the neighbor kids across the street and their parents/grandparents. Tell the college students who are stuck here doing a summer internship or class to go! It is outdoors.

Maybe the community should start a scholarship fund for the pool for 10 kids? And better yet: call a friend and go.

Can you imagine the summer without the water?

Determinants of health: linking education and health

I believe we are lucky to live in the shadow of the University. Secondary education, and education in general, have been shown to have multiple influences on health.

Studies have shown relationships between higher education and normal birth weight babies; lower levels of education with higher levels of high blood pressure and diabetes; higher levels of education and decreased dementia; and higher level of education attainment and lower levels of obesity. These are overall generalizations from studies, and do not apply to everyone, but for the most part show us the value of education to our health.

Why is there this correlation between education and health? Is it because people with higher levels of education are able to attain higher paying jobs and then have more financial access and insurance access to healthcare? Are people who attain higher levels of education predisposed to better health because they generally start with better resources that enabled them to access education (aka they were more financially stable before education started)? Is it the rigor of the educational training and the development of planned behaviors that might lend themselves to other parts of life, such as personal health (diet, exercise, etc)? Is it something to do with personal well-being and sense of accomplishment? Does education make it easier to access information? Or is it just that education

forces people to solve problems and deal with change, giving them a better sense of control over circumstances? Maybe it is all of these things. Maybe it is something else entirely.

I think about many factors that contribute to health in our community. One that I feel is most important is education and advocacy. I would like to bring more education on basic healthcare issues to our community, to expose us to common diseases and some not so common diseases. I hope people will share their experiences with community members, making us all a little smarter.

Rob Neel

Cincinnati selects streetcar station design

The City of Cincinnati has approved the final design of the shelters that will be built at Streetcar stations, an important step as planning progresses on the transportation system that will bring more jobs, more development and more people to Cincinnati.

“The streetcar project is a series of smaller pieces that must come together before construction of the track begins. The shelter design is another milestone in that list of items,” said Chris Eilerman, the City’s Streetcar Project Manager. “This design combines a modern look, while at the same time, fits in with the historic architecture served by the streetcar.”

The shelters, designed by Cincinnati-based DNK Architects and chosen because of their clean, simple and modular approach, are U.S. Department of Transportation ‘Buy America’ compliant. After researching stations along streetcar routes in several cities, DNK Architects developed a design that would be easily recognized and protect riders from the elements for the short time they will be waiting at stops. There are 18 stations along the route.

“We designed the station structures to call to mind what the Streetcar will bring to Cincinnati -- a public transportation system that everyone can use to connect to neighborhoods,” said David Kirk, founder and principle architect, DNK Architects, and lead architect for the Streetcar station design. “We want people to look at the stations and see how easy, safe, and comfortable it is to explore all that Cincinnati has to offer.”

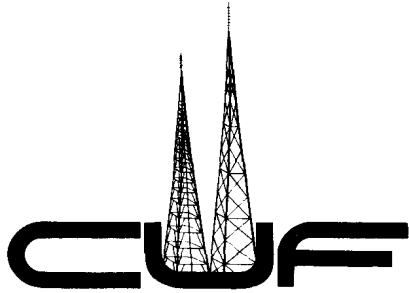
All elements of the station are designed to be durable, thin, light and elegant, while allowing in natural light and providing shelter from the weather. The materials selected to construct the stations are easy to maintain and repair because of their modular construction. Each station will include a route map, information about the Streetcar system and an electronic sign displaying the arrival time of the next car, as well as important messages for riders.

Selection of the station design was the final step in reaching a complete design on the first segment of the Streetcar. In order to reach final design, the Streetcar team completed a number of other critical steps, including surveys of the entire route, inspections of basements near the route that lie under sidewalks, coordination of vehicle options, completion of an independent peer review of the project and performance of a quality control review of the entire project. Next steps for the project are continued negotiations to reach agreements with utility companies. The shelters will be built as part of the construction contract, which is scheduled to be bid in the first quarter of 2012.

Streetcar stations between Government Square and Findlay Market are currently marked by temporary signs posted on utility poles and fences along the route. Additional stations will be added to the route extension between Government Square and The Banks that was made possible with funding from the U.S. Department of Transportation’s TIGER III program. A map of the Streetcar’s stations is available.

The first segment of the Streetcar will link The Banks to Findlay Market. Future additions will reach the University of Cincinnati, the zoo and other neighborhoods.





Notice to members of the CUF Community Fund

The annual meeting of the CUF Community Fund will be held on Tuesday, February 28, 2012.

The agenda for the meeting is to review and approve the minutes of the Funds February 2010 annual meeting, vote to elect three members to the Board of Trustees, review the 2011 financial report of the Fund and discuss issues pertaining to the Fund.

Copies of the minutes and the Funds 2011 financial report will be distributed to all members attending the meeting. At the time of this printing, the slate of candidates running for the three positions on the Board of Trustees are: Linda Bailey, Maureen France, Paul Gallagher, Cindy Lewis and Linda Ziegler.

CUF Community Fund Membership Requirements

To be a Member of the CUF Community Fund, one must be a paid member of the Clifton Heights, University Heights and Fairview Neighborhood Association (CUF) for twenty-four months prior to the annual meeting of the Members and must be a permanent resident residing within Clifton Heights, University Heights or Fairview as designated in the by-laws of the CUF Neighborhood Association, Inc., or its successor organization. A permanent resident is defined as one residing year round within the CUF community for at least four consecutive years (48 months) immediately preceding the

consideration of Member status. The burden of satisfying the requirement of permanent residency is upon the individual seeking to be a Member.

Personal invitations will be mailed to individuals that satisfy the first requirement for membership. (Paid member of (CUF) for twenty-four months prior to the annual meeting). Invitations will designate which individuals will need to provide proof of permanent residency. The members of the Board of the CUF Community Fund wish to extend to all members of the CUF community a happy, healthy, safe and prosperous New Year.

Sincerely,

Dennis O'Brien	President
Linda Bailey	Treasurer
Linda Ziegler	Secretary
Maureen France	Vice President
Craig Lloyd	Vice President





**CLIFTON HEIGHTS
UNIVERSITY HEIGHTS
FAIRVIEW
NEIGHBORHOOD ASSOCIATION**

2364 West McMicken Avenue, Cincinnati, Ohio 45214

CUF membership



Any person subscribing to the purpose of the CUF Neighborhood Association, Inc. and paying dues set by the Association may become a member. Election of Trustees is held at the annual meeting in July. Eligible voters are residents of the community who are at least 18 years of age and who are fully paid members of the Association and who have attended three general meetings after payment of dues during the year prior to the annual meeting. Non-resident members have voice but no vote in Association meetings and may not hold elective office. Annual CUF dues are \$6.00.

- CUF general meetings: 3rd Tuesday of each month, except August and December, 7:30 p.m, Deaconess Hospital Cafeteria, 311 Straight Street
- CUF Trustee meetings: 1st Tuesday of each month, 7:00 p.m, Deaconess Hospital Cafeteria, 311 Straight Street
- CUF annual meeting and election: 3rd Tuesday in July, 7:30 pm, Deaconess Hospital Cafeteria, 311 Straight Street

CUF Neighborhood Association
2364 West McMicken Avenue
Cincinnati, Ohio 45214

Name: _____

Address: _____

Phone: () _____

Email: _____

Membership Type:

Voting Membership: CUF resident _____

Non-voting Membership: _____

CUF organization: _____

CUF business owner: _____

Non-resident: _____

Non-resident property owner: _____

Membership fee: \$6.00 per year.
Make checks payable to CUFNA.

W W W . C U F N A . O R G